YouthfullyFIT

Got a Couch-Potato Kid?
Get Your Tiny Tot Up & Dancin'
Miss Amy Style!

By Jami Tryer

Move over Elmo. Take a hike Barney. Miss Amy is all the rage and we bet you can't get your little ones to sit down. Her music themes are universal yet imaginative even the shy ones can't resist a little hippity-hop boogie- woogie.

If you haven't heard of her, in a nutshell, Miss Amy (A.K.A. Amy Otey) is a spirited and lively singer/songwriter who grew up a long way from Philly - try Kansas. Delighting multitudes of children and adults with her live shows, she has appeared at venues throughout the central New Jersey and Philadelphia area, including World Cafe Live, the Philadelphia Academy of Fine Arts, McCarter Theatre and major NJ state funded special events. She even does the "Tiffany" mall thing every now and then.

Exceeding all previous ticket sales for regional and local artists performing in the Peanut Butter & Jams music series held at the World Café Live, Miss Amy & Her Big Kids Band debuted before a record setting crowds in 2006 and again in 2007.

With an impressive fan base of thousands, Miss Amy has a style all her own. Because she authors the songs, she's able to imagine and anticipate the interpretive movements that children could potentially have. As a result, kids everywhere clamor for her to appear at their parties.

Miss Amy has won wide acclaim for family entertainment by fostering children's imaginations through her music - she plays a mean acoustic guitar. Miss Amy frequently performs music from her GRAMMY submitted CDs as well as new music from her latest CD project which recently released. Parents and grandparents are often spotted waltzing with their young ones, shouting out short and long vowels, and children always jump around like monkeys, swimming like fish and moving relentlessly to a variety of fun and entertaining original music. "This was a high energy, joyful musical experience for everyone involved. Miss Amy & Her Big Kids Band are THE act to keep your eye on in 2007",



"I noticed such a trend of kids passively enjoying entertainment geared for them. I am on a mission to get them involved and provide great quality music fused with my experience teaching fitness classes throughout the 80's, " explains Amy, " My motto is Create, Relate and Celebrate who you are!"

Amy feels that kids are "natural athletes" just as they are natural musicians. Her philosophy resonates with kids of almost all ages. While her music is geared toward the Baby Van Gogh crowd, her act offers up a blend of high energy music and interactive fun for all families." Before Miss Amy became big in the children's music genre, she spent fifteen years working in a retirement community and her degree is in strategic management. She jokes that she went from working with 100-year olds to working with 5-year olds. "Both audiences have the same curiosities," explains Amy. "Music transgresses age, race and languages. It's the one cut through the clutter piece of magic that unites and inspires."



The business grew organically when after Amy gave birth to a severely premature child. Phillip, now eleven was the impetus for her new career move. "When your baby almost doesn't make it, it changes you, " confides Amy, "You're a changed person after an experience like that. I decided to go after my passion, music."

Miss Amy's original hits include "Green Food", "I can do it myself", "Pick it UP UP," and other stick-with-you-all-day tunes that get all kids up off the floor and into aerobic workouts (and they don't even realize it because they're having so much fun.)

So next time, just say no to Chuckie Cheese, order "Green Food" and Miss Amy instead. Trust me, your kids won't miss the Pepperoni. Miss Amy rocks the house every time. But don't take our word for it. Check out www.missamykids.com and sample her catchy tunes and talent yourself. There you can also find out how to book her for your child's upcoming birthday and also get a current listing of upcoming area performances.

Bring your tiny tot to check out Miss Amy live and in person at the PhillyFIT Bash on Sunday, May 20th, 11-3 p.m. at Velocity Sports Training Center in Warminster, PA.



Jami Tryer is a freelance writer, who grew up in Margate, NJ., but has been a Center City Philly resident since 1991. She is a partner with Munroe Creative Partners, a well-known graphic design firm, where she is a Senior Project Manager and helps to develop new business. She has been freelancing in her spare time for five years for magazines such as Philadelphia Style where she has reported

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